

## **Senior Tigers Walking Football**

**Airco Arena in Walton Street**

**Mondays**

**10.00 am – 11.30 am**

60 minutes of activity and 30 minutes of relaxation/ refreshments etc

£3 per session

or

£15 for the full 6 weeks

No experience needed, just turn up with a pair of trainers  
Shorts/trackie bottoms and tee-shirt will be ideal

Further details from

**Trevor Richardson**

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