

Senior Tigers Walking Football

**Airco Arena in Walton Street
Mondays 10.00 am - 12.00pm
Thursdays 1.00pm - 3.00pm**

60 minutes of activity and 60 minutes of relaxation/ refreshments etc

£3 per session
or
£15 for the full 6 weeks

No experience needed, just turn up with a pair of trainers
Shorts/trackie bottoms and tee-shirt will be ideal

Further details from

Trevor Richardson

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